

BREATHE! (LIGHT SCULPTURE)



by Markus Anders

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1. About the piece - BREATHE! – light sculpture

BREATHE! is about making people aware of the importance of reconnecting with themselves and nature by breathing consciously. The sculpture seeks to inspire the observer interactively, both visually and auditory. For more information about the inspirational background of the sculpture, please have a look at <https://www.map-eventdesign.at/en/breathe/>

BREATHE! was designed and developed to be set up outdoors and to endure rough weather conditions as they are common in its home Austria.

Its pedestal is a special passenger car trailer which includes a motorized rail system for bringing the sculpture into an upright position. Therefore the set up doesn't need any further support (crane etc.) and can be done independently. The trailer rests on four legs which can be adjusted horizontally. When opening the four side plates, the drawbar disappears and the trailer turns into a dull black stage. Speakers and other technical equipment can be found under the trailer. We bring along all equipment necessary like speakers, cables and fitting material and operate independently.

BREATHE! is varnished with translucent coating (fireproof B1), storm safety devices are incorporated.

Technical specifications:

- biaxial trailer/stage: 5,00 m x 2,10 m, height around 0,70 m (leveling feet at corners)
- with opened side plates the size of the stage is 6,40 m x 2,80 m,
- stage with static side arms needs a base of 6,00 m x 8,00 m
- trailer weight when empty 690 kg
- sculpture height 5,40 m, total height including trailer 6,20 m, weight 700 kg
- total weight 1800 kg

So far there has been statistic assessment at every event BREATHE! has participated in to ensure security standards. Despite adverse conditions there have never occurred any problems in these terms.

IMPORTANT: for the setup, dismantling and duration of the event a 3 KW power supply line is needed. Besides that there is no need for other technical support from the organizer. Due to safety reasons the sculpture must be fenced-in by the organizer. The sculpture will be delivered and must be switched on and off with a laptop by a crew-technician.

Perfect underground is meadow so ground anchors can be installed to additionally secure the trailer with lashing straps in case of stormy weather. If this is not possible there is also the opportunity to weight down the structure with four steel plates (0,75 m x 0,75 m, each one 45 kg). This decision must be met by the organizer.

duration of set up and dismantling: each around three hours

2. Visualisations

Video – Breathe! Making of:

<https://www.youtube.com/watch?v=WwrSeMU2PNY>



3. About the artist – Markus Anders

Coming from a family whose members had always made a living in craftsmanship, I started my career path as a mechanic for automobiles and trucks. In the course of the years I grabbed many opportunities that came up and gathered manifold experience in the fields of woodwork, drywall installation and metalworking.

For each and every one of these jobs the compliance with certain norms and standards is highly important. At the same time I could feel that there was this source of creative energy burning within me, which became the main drive for my future career development. Working as a decorator for many different festivals was a starting point for me to express this sense for creativity and playful artistic aesthetics. The chance to travel this planet further opened my eyes to the boundless opportunities that this life offers for everybody willing to see. The lessons I had learned on the way encouraged me to make my dream of working self-employed in the future come true in 2008.

Running a company for event and stage design, industrial installations, fashion shows and many other custom products involves facing various challenges. The perception of all of these peaks and troughs as chances to further develop has become an integral part of my daily business life. Commissioned work helps me to make my personal projects become reality and enables me to bring my own artistic dreams and desires to life.

For the last couple of years I have lived my true passion which is also the real reason behind my self-employment: I design and build light sculptures, which travel from one place to another. The idea behind is that I want to share their inherent symbolism with the world and as many people as possible. Bringing human beings together and making them think and dream is the whole point of my artistic endeavours. Calling up different emotions with my artistic work and watching people's reactions fills me with enthusiasm over and over again. The feeling of shared growth makes me marvel and develop on an everyday basis.

I especially love the creation of large-sized sculptures because their realisation is a rather complex challenge in terms of statics, choice of material and logistics. Moreover I like experimenting and try to implement new kinds of materials every once in a while. Making small details from plans become reality is a wonderful kind of dance to me in which I can leverage my skills to the fullest. In the process of creation I am not a seeker, but give room to whatever pops up as an idea that wants to be put in physical shape. My passion and gratitude are the main source of energy not only for my work but also for my life in general.

The combination of light sculptures and sound inheres an enormous power. Each colour, shade, tone and vibration possess an individual effect on something and somebody, which touches people on a conscious as well as on a subconscious level. It is my desire as an artist to represent life in all its facets of light and shade, so the things that are invisible to the eye become something that can be perceived on a visual and tactile basis for everybody.

Another source of energy in my work is the cooperation with others. As we all are individuals with unique skills there is no need for each of us know how to do it all. As parts of a bigger picture we create things together that are the bee's knees. In the process of creation I experience this by feeling great satisfaction and how joyful co-creations leave my emotional state behind. Being part of these lived emotions motivates me to always come up with new ideas and to bring exciting new projects into being.

It is my dream to leave as many positive marks in this world as possible, especially in times of radical changes as we are experiencing them right now. I want to participate in change by creating room for inspiration, devotion and new visions, that is the main drive for my artistic work.

References of Breathe! - Light sculpture

- Kronach leuchtet, Germany - February 2021
- Lights on Romania, Romania - November 2020
- Light Festival Essen, Germany - October 2020
- SIAF Salzburg International Art Fair, Austria - August 2020
- Blockheide leuchtet, Austria - August 2020